

SMALL STEPS TO BIG CHANGES



FROM DISTANT TO DYNAMIC: REVITALISING THE RESPIRATORY THERAPY TEAM

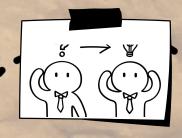
Building Connections for Better Collaboration

CHALLENGES

COVID-19 disrupted camaraderie in the Respiratory Therapy team.

- Physical separation hindered connection
- Communication gaps increased stress
- Fewer team-building opportunities impacted morale.

Off-the-clock bonding: Activities outside work strengthened ties.



1MPLEMENTATIONS



Listening first: Surveys captured how staff felt.





Adopting solution-



focused approach



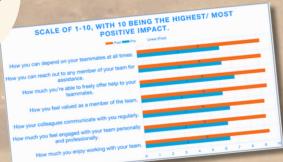
Off-the-clock bonding:

Keeping the pulse: Activities outside work strengthened ties Post-engagement surveys gauged progress.

outcomes







Starting small:

A "starter team" of passionate

colleagues kickstarted team-bonding

activities.

- Greater staff participation and engagement in team activities
- · A stronger sense of care and teamwork; staff are more supportive and willing to assist one another
- Staff feel more united, less distant and less divided, creating a more enjoyable atmosphere at work
- Staff are increasingly interested in participating in team-building activities
- Increased comfort at work, with reduced concerns about shift mates

THANK YOU FOR SHARING Julipie Sumampong Manalansan Senior Respiratory Therapist, Respiratory Therapy



- Empathy matters: Consider how staff feel and address their concerns.
- Create connections: Provide opportunities for team bonding.
- Start small: Empower a "starter team" to lead the change.

