

The "IAmGoingHome" programme enables critically ill patients to spend their final moments at home. Started in October 2022 by medical teams from the Intensive Care Unit (ICU), and Supportive Care and Palliative Medicine at NTFGH, this programme fulfils patients' wishes for a dignified passing outside the hospital. IAmGoingHome is supported by the JurongHealth Fund.

Thank you for making a difference



(From left to the right)

Top:

- Leong Shiaw Yi, Assistant Nurse Clinician, ICU
- Shamini DO Magendran, Senior Staff Nurse, ICU
- Dr Lim Huey Ying, Senior Resident Physician, Intensive Care Medicine (ICM)
- Helen Lee May Eng, Principal Medical Social Worker, Medical Social Services
- Dr Tan Chee Keat, Senior Consultant, ICM
- Goh Siaw Ying, Senior Staff Nurse, ICU
- Nur Qairina Janet Ting Binti Abdullah, Senior Staff Nurse, ICU

Bottom:

- Toh Wen Ya, Assistant Nurse Clinician, Nursing Clinical Service
- Yew Yi Dai, Senior Staff Nurse, ICU
- Pek Wan Ling, Senior Staff Nurse, ICU
- Tan Yung Lee, Senior Staff Nurse, ICU

(Not in photo)

- Lim Jia Lin, Senior Staff Nurse, ICU
- Lau Sock Yan, Senior Staff Nurse, ICU
- Agnes Toh Qi Xuan, Senior Staff Nurse, ICU
- Fiona Tan Yao Hui, Senior Staff Nurse, ICU
- Ang Ding Sheng, Staff Nurse, ICU

SPECIAL THANKS FOR SUPPORTING THIS PROJECT

Dr Norhisham and team, Dr Faheem, Head, Intensive Care Medicine, Ms Patricia Leong, Assistant Director, Nursing, Ms Clarice Wee, Assistant Director, Nursing and Nurse Clinician Agnes Chong

"I AM GOING HOME"

Heartfelt compliments from family of patients who opt for the "IAmGoingHome" Programme

November 2024

Mr Chiam Tat Peng, a family member of our patient, praised the NTFGH "IAmGoingHome" team in a letter to **The Straits Times** for honouring patients' wishes to spend their final days at home. He commended the care team's kindness, empathy, commitment, and professionalism, which brought great comfort to both patients and their families.

TUESDAY, NOVEMBER 12, 2024 | THE STRAITS TIMES |

FORUM

Bouquets

Dying at home • Honouring patients' wishes a compassionate initiative

As a family member of a recently deceased patient, I would like to express my deepest gratitude to Ng Teng Fong General Hospital for the incredible work on the IAmGoingHome project headed by Dr Tan Chee Keat and her team.

This compassionate initiative is making a profound difference in the lives of patients facing the end of life by honouring their wish to spend their final days at home.

The kindness, empathy and professionalism the medical staff bring to this work truly embody the highest values of their field. Their commitment not only eases the physical journey but also brings immense comfort to patients and their families.

Thank you for the dedication to this project. The impact of their compassion reaches far beyond the individual patients, reaching their loved ones and inspiring all of us.

I hope the Ministry of Health will provide more support to extend this initiative to more healthcare institutions.

Chiam Tat Peng

Screenshot of Mr Chiam's compliment in The Straits Times

November 2024

In a heartfelt message, Ms Fadhilah Wahid expressed her deep gratitude for the outstanding care and support provided by our ICU and "IAmGoingHome" teams during the final journey of her loved one, patient Z, and shared her appreciation for the empathy, kindness and professionalism demonstrated by our healthcare team.

Thank you, for ensuring our patients' final moments were dignified and surrounded by love. Your compassion continues to make a difference.



Good Evening,

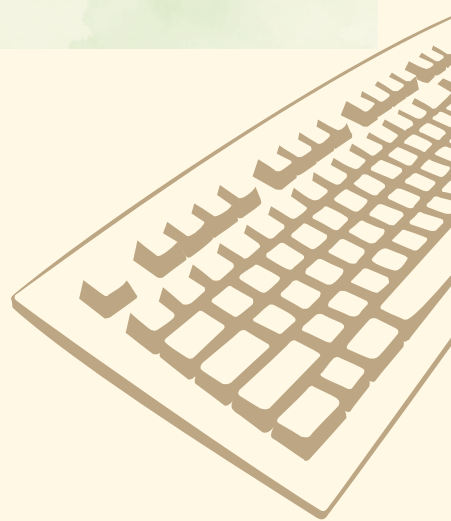
I just wanted to say thank you to the ICU and "IAmGoingHome" team* for their exceptional assistance in caring for my father and transporting him home for his last moments with the family.

*APN Toh Wen Ya, SSN Fiona Tan, APN intern Alaine Teu, MSW Helen, SSN Lim Jia Lin, SN Robert Arce, as well as the other nurses and doctors in the ICU Unit whom we have regretfully not noted their names

There are many ways to do one task, and the team chose to do each of their tasks with much empathy and kindness in a moment that might just be another patient for them, but meant alot to all of us present. Especially so APN Toh Wen Ya; we really appreciated the way she handled a delicate situation.

Thank you for helping us to navigate a situation so foreign to us, and for helping my father pass on with much dignity around his loved ones.

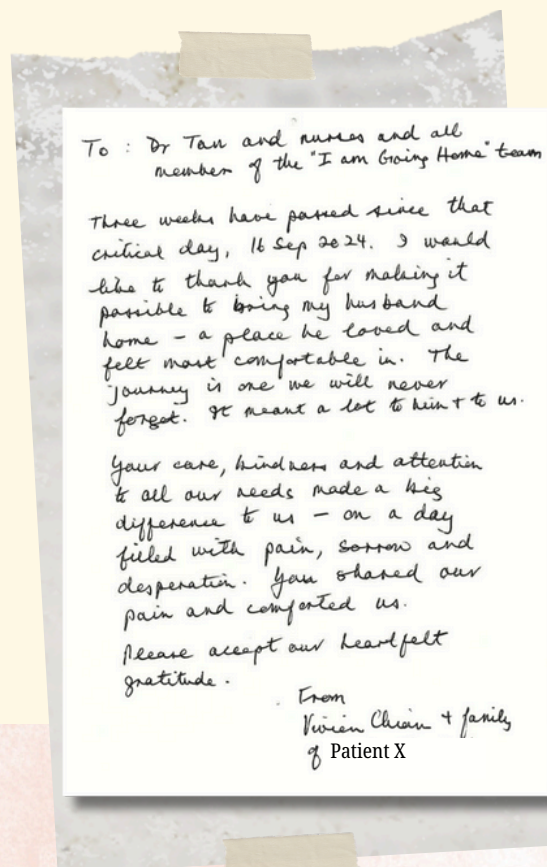
With much gratitude,
Fadhilah Wahid
Family of Patient Z



November 2024

Another heartfelt, handwritten letter has made its way to our healthcare team—a touching token of gratitude from Mrs Vivien Chiam, wife of our patient, the late patient X.

These sincere words of thanks remind us of the profound difference our team makes in the lives of those we care for, creating moments of hope, healing and comfort that reach far beyond the walls of our hospital.



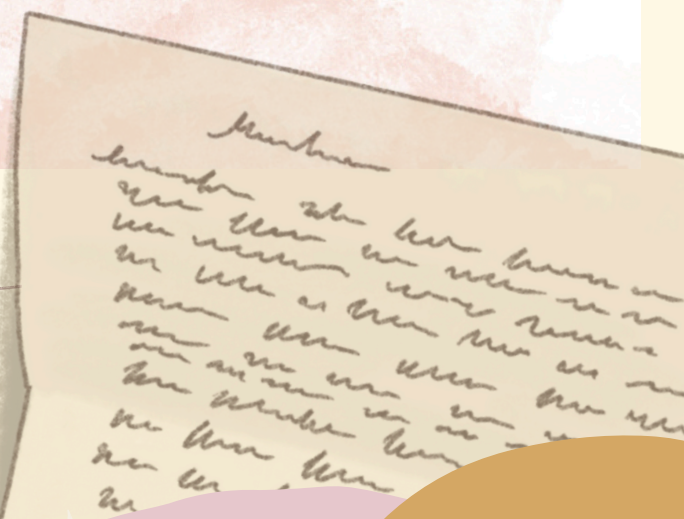
To:
Dr Tan, nurses and all members of the
"IAmGoingHome" team

Three weeks have passed since that critical day, 16 September 2024. I would like to thank you for making it possible to bring my husband home - a place he loved and felt most comfortable in. The journey is one we will never forget. It meant a lot to him and to us.

Your care, kindness and attention to all our needs made a big difference to us - on a day filled with pain, sorrow and desperation. You shared our pain and comforted us. Please accept our heartfelt gratitude.

From:
Vivien Chiam & Family of Patient X

Thanks





November 2024

The family of the late patient Y has expressed their heartfelt thanks to the “IAmGoingHome” team for making his final wish—to pass away peacefully at home—a reality.

Discharged from ICU on 17 September 2024, patient Y passed away surrounded by his family within an hour of leaving the hospital. The family expressed their deep appreciation for the seamless coordination and compassionate care that made this possible.

Special mention was given to healthcare team for patiently guiding the family through the transition, ensuring safe transport, and remembering as well as respecting the patient’s wish.

Thank you, once again, to the ICU care team and all involved for exemplifying the values of empathy and dedication. The family’s message is a testament to how impactful the “IAmGoingHome” programme is.

Let us continue to uphold this meaningful service.

Thank you

Hi,

The family of late patient Y would like to thank the “IAmGoingHome” team from NTFGH for helping to make the last wish of my late father-in-law, to die at home, possible. Late patient Y was discharged from NTFGH ICU on 17 September 2024 and passed on peacefully at home, within an hour of leaving the hospital.

The family is very grateful for this service as it matters a lot, not just to my late Father-in-law, but also to the family.

Special thanks go to Dr Tan Chee Keat, who patiently listened us, and guided us in the preparation for the transition home. Most importantly for getting the team to transport my late father-in-law back at night at 10pm within a few hours from decision made.

Please convey our gratitude to the team, Dr Tan, the nurse (whose name we didn't manage to get), the ambulance driver and paramedics.

Not forgetting Dr Lim, the first attending doctor, who remembered that our late Mr Foo's wish is to die at home!

A big thank you to the ICU team.

Please continue with this service (IAmGoingHome), as it matters!

Thank you.

Regards,
Shleh Yng
Relative of late Patient Y



thank you!

To all our colleagues,
keep up the wonderful work and continue to
deliver incredible care to our patients!

