## JURONGHEALTH CAMPUS FALLS PREVENTION AWARENESS DAY 2024

## Supporting Every Step with Care Prevent Falls Together!



On 20 September, the Fall Safety Committee (FSC) organised the annual JHC Falls Prevention Awareness Day, attended by over 250 colleagues from Nursing, Allied Health Professionals (AHP), Operations, including our wonderful Patient Service Associates (PSAs) from the Specialist Outpatient Clinics (SOC) and colleagues from NUH, NUP and AH.

It was an informative session with key learnings shared by our physiotherapists on various walking aids. Our pharmacist also reinforced the understanding of medication and its potential side effects, which can contribute to falls in the wards. Additionally, our occupational therapists provided valuable advice on staying safe at home, especially for patients preparing for discharge. We also covered fall safety initiatives from the wards at NTFGH and JCH.

We hope everyone gained valuable insights into fall prevention tips across clinics and wards. Let's continue applying what we have learned in our daily practice to ensure the safety and well-being of our patients.













